



Time Wasters

Identify 10 Time Wasters in Your Life

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Time Wasters Identified by Students

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|-------------------------|----------------------------|
| 1. Procrastination | 14. E-mail |
| 2. Driving around | 15. Video Games |
| 3. Lying in bed | 16. Washing Cars |
| 4. Watching TV | 17. Cooking |
| 5. Shopping | 18. Waiting Around |
| 6. Sleeping | 19. Playing Games |
| 7. Eating | 20. Coordinating Clothes |
| 8. Reading | 21. Daydreaming |
| 9. Talking on the Phone | 22. Cleaning |
| 10. Playing Cards | 23. Boyfriend/Girlfriend |
| 11. Doing Nails | 24. Not Prioritizing |
| 12. Disorganization | 25. Visiting friends |
| 13. Internet | 26. Listening to the Radio |